

DAIRY FREE MENU

www.kierans.com

Kieran's

IRISH PUB

Join Our Pub Club!

612.339.4499

PLATES TO SHARE

CHICKEN SHOTS

Our signature appetizer, now with more flavors! Tender bite size chicken breast lightly breaded and tossed in your favorite sauce or spice 10.00

ORDER SUB GRILLED CHICKEN

**Honey Whiskey Glaze | Traditional Buffalo Sauce
Dill Pickle Rub | Curry Seasoning | Scorpion Spice**

Cauliflower Shots*

Bite size pieces of cauliflower lightly breaded and tossed in your choice of the same sauces and spices as the Chicken Shots 9.00

ORDER NO BUTTERMILK

Smoked Sausage Bites

Black pepper and sage sausages wrapped with applewood-smoked bacon drizzled with maple glaze 10.00

ORDER NO MAPLE GLAZE

Pub Pretzels

Soft pretzels baked with coarse sea salt and olive oil with house-made beer cheese sauce and spicy mustard 9.75

Add a pretzel 2.75

ORDER NO CHEESE SAUCE

Pot Roast Sliders

Three pot roast sandwiches, caramelized onions and horseradish cream sauce 10.50

Add a sandwich 3.50

ORDER NO HORSERADISH CREAM SAUCE

Wee Burgers

Three burgers with Fini sharp cheddar and caramelized onions on toasted brioche buns 10.25

Add a burger 3.50 | Add bacon 1.00

ORDER NO CHEESE & NO BUTTER

Hummus Duo

House-made roasted garlic hummus & cauliflower hominy hummus served with kwik pickles, Feta & crispy fried pita bread 9.75

ORDER NO CHEESE & NO BREAD

OPTIONAL SUB CIABATTA BREAD

FRYER WARNING

We are unable to maintain a fryer that is 100% free of dairy. Items may be in the same fryer as other items with dairy.

Corned Beef Poutine

Thick cut fries with shredded corned beef, bacon, white cheddar and au poivre gravy 9.00

ORDER NO CHEESE & SUB COTTAGE GRAVY

SANDWICHES

CLASSIC REUBEN

House recipe slow roasted corned beef, sauerkraut, melted Swiss and 1000 island dressing on toasted caraway rye bread 12.00

ORDER NO CHEESE & NO BUTTER

Minnesota Burger

100% naturally aged Angus beef from Revier Cattle in Olivia, MN. On a toasted egg bun with Caves of Faribault's Fini cheddar cheese, served medium well with lettuce, tomato, onion and pickles 13.00

Add applewood-smoked bacon 1.00

ORDER NO CHEESE & NO BUTTER

2 Gingers™ Chicken Sandwich

Grilled chicken with pepper jack, Applewood-smoked bacon, 2 Gingers™ steak sauce, lettuce, tomato and onion on an egg bun 11.50

ORDER NO CHEESE & NO BUTTER

Smoked Turkey Rachel

Sliced smoked turkey, sauerkraut, melted Swiss and 1000 island dressing on toasted caraway rye 12.00

ORDER NO CHEESE & NO BUTTER

Garden Burger

Black bean, wild rice and sweet potato pattied and roasted in olive oil. Served with lettuce, tomato, onion, pickle and smoked jalapeño aioli on a toasted multi-grain bun 11.50

ORDER NO BUTTER

Cara Pub Club Sandwich

Candied pepper bacon & smoked turkey with red wine-dressed spinach, tomatoes & mayonnaise on a Ciabatta roll 12.00

ORDER NO BUTTER

SEE PAGE 2 FOR ALLERGY STATEMENT

SOUP & SALAD

Chicken & Cheddar Chopped Salad

Applewood-smoked bacon, romaine, egg, chicken breast, red onion, grape tomato, and sharp cheddar served with herb vinaigrette 8.25 | 12.50

ORDER NO CHEESE

Pear, Beet & Brie Salad

Warm beet and pear salad, with caramelized chicory, maple granola, Brie cheese and poppy seed dressing 7.25 | 10.75

ORDER NO CHEESE

Great Grains Salad

Quinoa, peppers, basil, capers, broccoli, sweet potatoes, spinach and avocado tossed with lime vinaigrette 7.25 | 10.75

Kieran's House Salad

Mixed greens and avocado tossed with herb buttermilk dressing and boiled eggs topped with potato crunchies 6.50 | 9.75

SUBSTITUTE A DAIRY FREE DRESSING (BELOW)

Salad Additions

Grilled Chicken 3.00 | Tofu 3.00*

Steak 7.50 | Salmon 4.00

Bacon 2.00 | Ham 3.00

***see fryer warning on pg1**

DAIRY FREE DRESSINGS

Poppyseed | Balsamic Vinaigrette | French
1000 Island | Herb Vinaigrette | Honey Dijon
Lime Vinaigrette

Today's Soup

Chef's seasonal selection

Cup 3.75 | Bowl 5.75

ASK YOUR SERVER

Carairishpubs.com/pub-club

Join Today!

Thoroughly cooking foods of animal origin such as beef, eggs, fish, lamb, pork, poultry or shellfish reduces the risk of food-borne illness. Individuals with certain health conditions may be at higher risk if these foods are consumed raw or undercooked.

PUB CLASSICS

Kieran's Fish & Chips

Sustainably caught North Atlantic Cod fried light and crispy in house-made beer batter, served with fries and tartar sauce 14.75

Pub Pot Roast

Slow roasted tender beef, braised carrots, mushrooms and cipollini onions served with mashed potatoes, topped with au jus 16.75

***ORDER NO BUTTER NO MASHED
SUB BABY RED POTATOES***

Cedar Plank Salmon

Salmon filet roasted on a cedar plank served with a strawberry, pear, and root vegetable hash, potato crunchies and balsamic reduction 17.75

ORDER NO HASH SUB BABY RED POTATOES

Corned Beef & Cabbage

We slow-roast our corned beef for ten hours. Served with parsley sauce, braised cabbage, carrots and potatoes 15.75

ORDER NO PARSLEY SAUCE & NO CABBAGE

CHEF SPECIALTIES

Broiled Pistachio Walleye

Broiled walleye fillet topped with honey butter & pistachio served with Maitake & Hon Shimeji mushrooms, squash and wild rice 20.50

ORDER NO PARSLEY SAUCE & NO HONEY BUTTER

Pub Steak

Chef's Choice!

Ask your server what we are serving today!

MARKET PRICE

ASK YOUR SERVER

ALLERGY STATEMENT

Kieran's Irish Pub is not an allergen-free restaurant. We make our best effort to give correct food ingredient information. But due to the hand-crafted processes we use to create our menu items we cannot guarantee the allergen content of any menu item. Guests with food sensitivity or dietary needs should not rely solely on menu information for deciding what to consume and are individually responsible for ensuring that menu items are ordered specifically for their dietary needs

SIDES & SNACKS

Plate of Chips

Crispy potato fries with sea salt 2.25 | 5.25

Sweet Potato Fries

Tossed with sea salt 3.25 | 7.25

Potato Crisps

Lattice cut potato chips. Tossed in sea salt and malt vinegar 2.00 | 5.00

Candied Bacon

Our thick cut candied bacon served up as a snack.
Mmm...bacon 5.00

Wild Rice & Mushroom

Wild rice, Maitake & Hon Shimeji mushrooms, squash, scallion & honey butter 7.00

ORDER NO HONEY BUTTER

Greens Salad

Greens, onion and carrot tossed in house vinaigrette 3.75

Kwik Pickles

A selection of our house made pickles from assorted vegetables 3.50

DIPPING SAUCES – 7 Pepper Sauce | Spicy Mustard
.50 each

HAPPY HOUR SPECIALS

EVERY DAY UNTIL 6PM

(49 hours of happy a week)

\$2.00 OFF Draft Beer, Big Gingers,

Irish Coffees, House Liquors, and House Wine

\$2.00 OFF All Sharing Plates

OPEN FOR BUSINESS

Sunday – Tuesday | 11AM – 10PM*

Wednesday – Thursday | 11AM – 12AM

Friday – Saturday | 11AM – 2AM

Sporting Events at Noon or 1PM,

Open at 10AM

***12AM closing time on Event Nights**

LATE NIGHT MENU

Sunday – Tuesday | 9PM – 10PM

Wednesday – Thursday | 9PM – 11PM

Friday & Saturday | 10PM – 12AM

Weekend Brunch Buffet

~ Available Saturdays & Sundays ~

Served with a complimentary house bloody or mimosa and includes eggs done two ways, creamy hash browns, roasted herb potatoes, sausage, bacon, French toast, fruit, yogurt, granola & assorted pastries 13.99

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